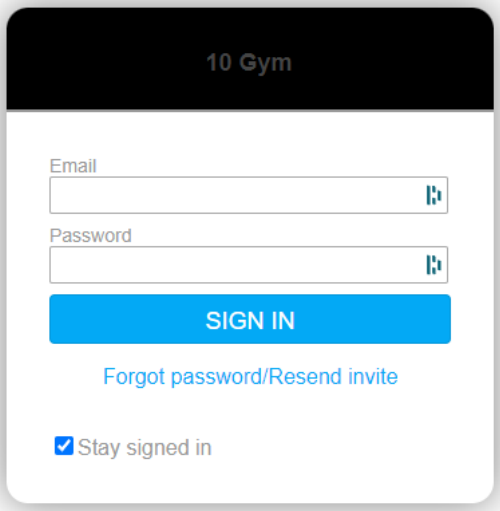
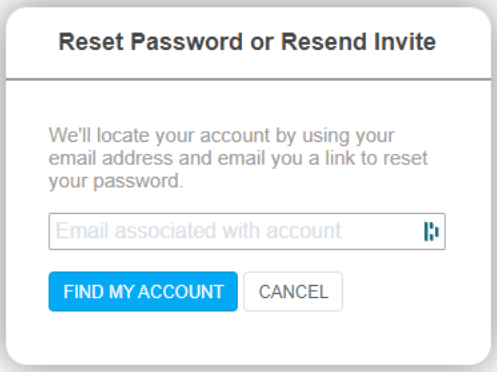
Register for an Account and Book a Class

To register an account:

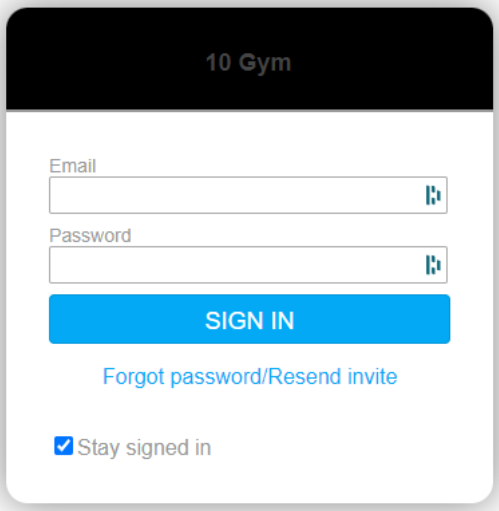
1. Visit https://10gym.trainerize.com/app/logon.aspx
2. **First time logging in –** Your username is your email, then click **"Forgot password/Resend invite"** to set up your new profile
3. Re-enter your email and Select the "**FIND MY ACCOUNT"** button.





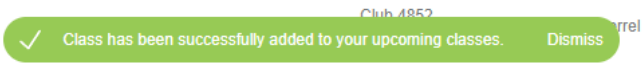
Then click **RETURN TO SIGN IN.**

4. Open the email you received from ABC Trainerize and reset your password.
5. Now you are ready to log in to the 10GYM member portal



6. There is a section labeled **UPCOMING CLASSES**, to the right click on **“Find a class”**
7. Locate the day and time for the class you want to book and click on the blue button on the right labeled BOOK

8. The details of that class will pop up and then you click on the blue button again BOOK
9. You will receive a confirmation your class has been booked at the bottom of the screen.



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10. Then on your dashboard under “THINGS TO DO” at the top, you will see your class when you go to the date the class is scheduled for.

11. GREAT JOB - You’re all set.